

Power Words

These are some of the phrases and words that we like to use. Many of them are found in the other 12-Step Programs. There are others that we will hear along our journey.

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Foster Anonymous

A graphic with a black background and a bright white light source at the bottom center, creating a radial burst of white lines that fill the frame. The text 'Power Words' is centered in the upper half of the graphic.

**Power
Words**

- ONE DAY AT A TIME
- LET GO AND LET GOD
- FIRST THINGS FIRST
- LIVE AND LET LIVE
 - EASY DOES IT
 - KEEP IT SIMPLE
- HOW IMPORTANT IS IT?
- THERE IS A GOD, AND I AM NOT IT
 - KEEP AN OPEN MIND
 - JUST FOR TODAY
- HALT (HUNGRY, ANGRY, LONELY, TIRED)
 - STINKIN' THINKIN'
 - PROGRESS NOT PERFECTION
 - IT WORKS IF YOU WORK IT
 - ATTRACTION NOT PROMOTION
 - LACK OF POWER IS OUR DILEMMA
 - WE ARE NOT SAINTS
 - EGO (EDGING GOD OUT)
 - LET IT BEGIN WITH ME

- WHEREVER YOU GO, THERE YOU ARE,
AND IT'S THE BEST PLACE TO BE
 - CONSCIOUS CONTACT
- TAKE WHAT YOU LIKE AND LEAVE THE
REST
 - THIS TOO SHALL PASS
 - DON'T LEAVE UNTIL THE MIRACLE
HAPPENS
 - CAN'T DISSEMINATE THE TRUE FROM
THE FALSE
 - TRY THE PROGRAM. IF YOU DON'T
LIKE IT, GOD WILL REFUND YOUR
MISERY.
 - LISTEN AND LEARN
 - THINK
 - WE HAVE TWO EARS AND ONE MOUTH
SO THAT WE CAN LISTEN TWICE AS
MUCH AS WE SPEAK.



- YOU WOULDN'T WORRY ABOUT WHAT
OTHER PEOPLE THINK OF YOU IF YOU
REALIZED HOW LITTLE THEY DO.
- IF ONE PERSON TELLS YOU YOU'RE AN
ASS, THAT IS ONE THING. BUT IF 1000
DO, TURN AROUND AND SEE IF YOU
HAVE A TAIL.
- ROCKETED INTO THE 4TH DIMENSION
OF EXISTENCE
- YOU'LL FIND THAT GOD IS DOING FOR
YOU, WHAT YOU COULDN'T DO FOR
YOURSELF
- THIS IS THE FIRST DAY OF THE REST
OF YOUR LIFE
- BUT FOR THE GRACE OF GOD GO I
 - WALK YOUR TALK
 - FAKE IT 'TIL YOU MAKE IT
 - WE SHARE OUR EXPERIENCE,
STRENGTH, AND HOPE.